

SECTION A: SHORT STORY (25 MARKS)

Direction: You must attempt Question 1 COMPULSORILY. Under Question 2, you can CHOOSE a OR b.

Question 1 Answer ALL the questions with reference to the short story, *Lamb to the Slaughter* by Rod Dahl OR *The Model Millionaire* by Oscar Wilde.

a) **Direction:** For each question, there are FOUR responses, A, B, C and D. Choose the corresponding letter of your response and CIRCLE it neatly. NO score will be awarded if you circle more than ONE letter. [5]

- i. Hughie and Alan Trevor are
 - A business partners.
 - B rivals in love.
 - C close friends.
 - D artist-client.
- ii. Mary Maloney offers whiskey to the policemen to
 - A encourage them to leave.
 - B create a sense of normalcy and hospitality.
 - C ease the tension and create a more relaxed atmosphere.
 - D distract and to divert their attention from the investigation.
- iii. Mary Maloney manipulates her own emotions to deceive the police officers by
 - A putting on a fake display of grief and shock.
 - B pretending to be angry and confrontational.
 - C showing genuine sadness and remorse.
 - D acting indifferent and uninterested.
- iv. The lesson that can be learned from Hughie's experience with Baron Hausberg is that
 - A money can solve all problems and bring happiness.
 - B wealthy individuals are not always what they appear to be.
 - C it is important to be cautious when giving money to strangers.
 - D kindness and generosity can sometimes lead to unexpected rewards.
- v. The underlying theme of the story *The Model Millionaire* is
 - A the pursuit of artistic expression.
 - B the importance of wealth in the society.
 - C the contrast between appearance and reality.
 - D the unpredictability of romantic relationships.

- ii.

Imagine Hughie Erskine and Baron Hausberg meet after the wedding. Create a dialogue between the two making a logical reference to the story. Each should speak FOUR times.
- [5]

Question 2 Choose **ANY ONE** question and answer it in the space provided.

a) How is the importance of generosity and selflessness portrayed in *The Model Millionaire*? Discuss any FOUR points. **[10]**

OR

b) Suspense is the feeling of anticipation one experiences while reading certain stories. In *The Model Millionaire* and *Lamb to the Slaughter*, which specific details in each story create this suspense? Explain.

SECTION B: ESSAY (25 MARKS)

Direction: *You must attempt Question 1 COMPULSORILY. Under Question 2, you can CHOOSE a OR b.*

Mind and Health

1) Psychosocial factors have a significant impact on our health, yet modern medicine often focuses on treating the body with drugs and surgery. However, stress and our perception of it play a crucial role in illness, its progression, and recovery. Common symptoms such as chest pain, back pain, dizziness, headaches, breathing difficulties, sleep problems, abdominal pain, and fatigue often stem from psychological stress. Surprisingly, many doctors fail to diagnose or accurately identify this common underlying cause, even after thorough examinations and tests. Psychological stress is a prevalent source of human suffering and can manifest in various physical symptoms.

2) Psychological distress is prevalent among the general population, affecting daily functioning and producing disabilities comparable to chronic physical conditions. While a small percentage of individuals exhibit severe psychiatric disorders, most people experience everyday psychological distress. The majority of Americans reports unhealthy stress levels, with one in five considering their stress levels as extremely high. Alarming, only 37 percent feel capable of effectively managing their stress. Work, finances, family responsibilities, relationships, and personal health concerns are common stressors. Stress, ironically, negatively impacts the very aspects of life that contribute to its existence, leading to physical symptoms, reduced productivity, and disruptions in family and social life.

3) High stress levels in adults contribute to unhealthy behaviors such as poor diet, lack of exercise, inadequate sleep, and increased alcohol consumption. These behaviors can lead to various health problems, including depression, cardiovascular disease, and a weakened immune system. Stress can even affect genetic material, accelerating the aging process. In women, high stress levels can result in shortened DNA portions equivalent to almost a decade of accelerated aging. The impact of stress extends beyond individual health, affecting work productivity and healthcare costs. A significant portion of U.S. workers experience extreme stress at work, leading to estimated losses of \$300 billion annually due to absenteeism, turnover, decreased productivity, and workplace accidents. Healthcare expenditures are also significantly higher for workers reporting high stress levels.

4) Early childhood stress significantly affects a person's life, with adverse experiences being common. A study of 17,000 people found that 11% experienced emotional abuse, 28% experienced physical abuse, 21% experienced sexual abuse, 15% experienced emotional neglect, 10% experienced physical neglect, and 13% witnessed violent treatment. These traumas have lasting and damaging effects on a person's health, leading to various health issues. Furthermore, the economic burden associated with child abuse

is significant, reaching approximately \$124 billion, comparable to the costs of other major public health issues. However, there is hope as evidence suggests that some instances of child maltreatment and its consequences can be prevented.

The Other Side of Stress: Why Positive Moods and Mindset Matters

⁵⁾ Viewing stress as potentially helpful and embracing it can have positive effects, motivating lifestyle changes and improving resilience. Believing that stress is harmful to health increases the risk of death. Altering stress mindsets can improve symptoms of anxiety and depression, as well as work performance. Positive and negative moods independently influence physical health and longevity. Happiness, pleasure, optimism, and sense of humor have positive effects on biological and physiological well-being. Balancing stress, reducing negativity, and finding happiness are essential for better health.

⁶⁾ Happiness and positive emotions are linked to longer and healthier lives. Happy individuals live 4 to 10 years longer than unhappy ones. Expressing positive emotions reduces the risk of heart disease. Optimists have a lower chance of dying from coronary heart disease compared to pessimists. Daily happiness is a predictor of better health and lower mortality rates. While genetics and environment play a role, there is evidence that happiness can be influenced and improved through simple activities and interventions.

Adapted from 'The Human Journey' by David Sobel, MD, MPH

Question 1 Answer ALL the questions.

- a) **Direction: For each question, there are FOUR responses, A, B, C and D. Choose the corresponding letter of your response and CIRCLE it neatly. NO score will be awarded if you circle more than ONE letter.** [5]
- i. According to the essay, the outcomes that can result from high level of stress in the workplace are
- A reduced job satisfaction and demotivation.
 - B decreased productivity and low performance.
 - C impaired decision-making and problem-solving abilities.
 - D strained interpersonal relationships and conflicts among coworkers.
- ii. The message in **paragraph 5** can be best summarized as
- A believing stress is harmful actually increases the risk of death.
 - B positive moods independently influence physical health and longevity.
 - C embracing stress as something beneficial can have positive health effects.
 - D balancing stress and finding happiness are essential for better work output.

- iii. Early childhood stress impacts people's health as it
- A leads to unhealthy behaviour like poor diet and lack of exercise.
 - B has lasting and damaging effects on their overall well-being.
 - C causes physical symptoms such as chest pain and headaches.
 - D increases the risk of death due to stress-related illnesses.
- iv. The pattern of organization followed in the essay is
- A problem and solution.
 - B compare and contrast.
 - C chronological order.
 - D spatial order.
- v. Understanding and accepting stress has an impact on a person's health because it
- A increases one's social life.
 - B reduces the risk of heart disease.
 - C improves symptoms of anxiety and depression.
 - D motivates lifestyle changes and improves resilience.

b) Answer the following questions in the space provided.

- i. How does the essay highlight the economic consequences of childhood stress and its impact on society? Explain any **TWO** points.

[5]

ii. Comment on the idea that promoting mental wellbeing and addressing psychological factors should be made a compulsory part of health care. Justify with **TWO** points. **[5]**

Question 2 Choose ANY ONE question and answer it in the space provided.

a) How can people improve their happiness and wellbeing? Identify and explain any **FIVE** practical activities that you know of other than the ones mentioned in the text. **[10]**

OR

b) Mention any **TWO** specific strategies that can be implemented within Bhutan's healthcare system to improve mental well-being and provide psychological support to the Bhutanese people? Elaborate how each can be implemented.

SECTION C: POETRY (25 MARKS)

Direction: You must attempt Question 1 COMPULSORILY. Under Question 2, you can CHOOSE a OR b.

Time Does Not Bring Relief (By Edna St. Vincent Millay)

Time does not bring relief; you all have lied
Who told me time would ease me of my pain!
I miss him in the weeping of the rain;
I want him at the shrinking of the tide;
The old snows melt from every mountain-side,
And last year's leaves are smoke in every lane;
But last year's bitter loving must remain
Heaped on my heart, and my old thoughts abide.
There are a hundred places where I fear
To go, – so with his memory they brim.
And entering with relief some quiet place
Where never fell his foot or shone his face
I say, "There is no memory of him here!"
And so stand stricken, so remembering him.

<https://www.poetryfoundation.org>

Question 1 Answer ALL the questions.

a) Direction: For each question, there are FOUR responses, A, B, C and D. [5]
Choose the corresponding letter of your response and CIRCLE it neatly. NO
score will be awarded if you circle more than ONE letter.

i. "You" in the first line of the poem refers to

- A close friends.
- B a bitter lover.
- C a family member.
- D people in general.

ii. Which statement best summarizes the lines given below?

*The old snows melt from every mountain-side,
And last year's leaves are smoke in every lane;
But last year's bitter loving must remain*

- A Time has changed snows and leaves, but not the memories.
- B Time has melted snows, withered leaves within the memories.
- C Time has but melted snows and withered leaves of the memories.
- D Time has stripped off the beauties of snow, leaves and memories.

- iii. The poem is a/an
- A ode.
 - B sonnet.
 - C ballad.
 - D apostrophe
- iv. The idiom that best describes the speaker's mood is
- A feeling blue.
 - B on cloud nine.
 - C on pins and needles.
 - D having a whale of a time.
- v. Which one shows the progression of poet's emotions from beginning to end?
- A pensive > painful > hopeless > skeptical > longing
 - B painful > hopeless > skeptical > longing > pensive
 - C longing > pensive > painful > hopeless > skeptical
 - D skeptical > longing > pensive > painful > hopeless

b) Answer the following questions in the space provided.

- i. *Time does not bring relief; you all have lied*
Who told me time would ease me of my pain!

[5]

The above lines show the speaker's disagreement with a common belief that time heals all wounds or pains. Explain using **TWO** relevant lines from the text on what grounds the speaker disagrees.

ii.

Construct a **six-line** lyrical poem advising the speaker that painful experiences help in developing resilience. Your verse should contain at least **ONE** figure of speech.

[5]

Question 2 Choose ANY ONE question and answer it in the space provided.

a) Write a critical analysis of the poem with specific emphasis on form and structure, theme and subject matter, and impact on the readers. **[10]**

OR

b) Analyze how imagery, tone, and structure combine to convey the speaker’s inner emotions using specific examples from the text to support your discussion.

SECTION D: PLAY (25 MARKS)

Direction: You must attempt Question 1 COMPULSORILY. Under Question 2, you can CHOOSE a OR b.

Question 1 Answer ALL the questions with reference to *The Merchant of Venice* by William Shakespeare.

a) Direction: For each question, there are FOUR responses, A, B, C and D. Choose the corresponding letter of your response and CIRCLE it neatly. NO score will be awarded if you circle more than ONE letter.

[5]

i. Bassanio's purpose of narrating his childhood story of shooting another arrow to retrieve a lost one is to

- A cover up his past squandering nature.
- B emphasize on his youth and innocence.
- C persuade Antonio into lending him more money.
- D recreate the days when he had fortunes to spend lavishly.

ii. With reference to the extract, identify the attitude shown by the speaker.

*Try what my credit can in Venice do:
That shall be rack'd even to the uttermost,
To furnish thee to Belmont, to fair Portia.*

- A Arrogant
- B Generous
- C Resentful
- D Indifferent

iii. The statement, "*The quality of mercy...Tis mightiest in the mightiest: it becomes the throned monarch better than his crown;*" means

- A a monarch when crowned is revered for his power.
- B a leader is respected for the powerful position he assumes.
- C when responsibility and power are mixed, a person is revered.
- D when powerful people show mercy, they are genuinely revered.

iv. Shylock's use of language and rhetoric primarily:

- A demonstrates his logical reasoning and legal expertise.
- B highlights his comedic traits through humorous language.
- C accentuates his ability to manipulate and persuade others.
- D reveals his emotional vulnerability and personal struggles.

- v. Which statement about the play is **NOT** true?
- A It deals entirely with the subjugation of Jews.
 - B It engages the theme of conflict and indecisiveness.
 - C It mentions the limited rights women had in the past.
 - D It implicitly depicts the world during the Elizabethan era.

a) Answer the following questions in the space provided.

- i. State **TWO** significant roles of Salerio and Solanio. Support your answers with an example for each role mentioned. **[5]**

ii. Is Portia biased towards Bassanio? Defend your stance by providing **TWO** [5]
evidences from the text.

Question 2 Choose ANY ONE question and answer it in the space provided.

- a)** As Shylock, write a complaint letter in about **120- 150** words to the duke. Your letter must mention Jessica’s elopement with your possession and accusations against Lorenzo. You will be awarded marks for providing appropriate **subject** to your letter, **content** relevancy and **word limit**. **[10]**

OR

- b)** The play contains a popularly quoted line “*All that glitters is not gold*”, a line embedded with important values. Share one incident where you have applied this value in making an important decision in your life.

